



IRISH NURSES CARDIOVASCULAR ASSOCIATION

Annual Scientific Meeting in Association with the Irish Cardiac Society

Celebrating 30 years of Excellence in Cardiovascular Nursing

Killashee Hotel, Naas, Co. Kildare

Thursday 15th October 2026

09.30 -15.30

09.00-9.30 **Registration and Coffee**

09.30-09.45 **Welcome & Opening Address:** Dr. Gemma Caughers, President, INCA
Prof Brendan McAdam, President Irish Cardiac Society

09.45-10.45 **The future of CVD Nursing - Challenges and Opportunities -Panel discussion**
Maria Hayes, Assistant Professor of Nursing, University College Dublin
Cathy Farrell, RANP Heart Failure, Letterkenny University Hospital
Prof. Loreena Hill, Professor of Nursing Research and Impact, Ulster University.
Amy Brownell, Cardiovascular Service Line Director, Ascension Illinois Market, United States
Fiona Connaughton, Nurse Lead, National Clinical Programme for Stroke

10.45-11.00 **Empowerment in Heart Failure- A Lens on Women –** Dr. Mary Ryder, Associate Professor in Nursing, University College Dublin

11.00 – 11.30 **Break**

11.30-11.40 **Bursary Winner -** Patrice Berry, CNS Cardiology, Tullamore Regional Hospital, Offaly
11.40-12.05 **Delivering Multidisciplinary Cardio Renal Care -**Tochi Okwueze, Supervisor-Advanced Practice Provider, Ascension Medical Group Illinois: Heart & Vascular, United States
12.05-12.20 **Latest Innovations in Cardiac Surgery- Speaker TBC**
12.20-12.40 **Tobacco Cessation in Ireland-What every CVD Nurse needs to know-** Elaine Buckley, National Stop Smoking Services Coordinator
12.40-13.00 **Why the Patient Voice Matters-** David Kelly, Patient Advocate and Operations Manager Global Heart Hub

13.00 – 14.00 **Lunch/Networking/ Poster viewing**

14.00-14.30 **Hot off the Press -ESC 2026 Guidelines**
Cardiac Rehabilitation - Dr. Irene Gibson, Head of Clinical Innovation, NIPC, Galway
Heart Failure - Norma Caples, RANP Heart Failure, Waterford University Hospital
14.30-14.45 **Enabling Telehealth, the Role of Nurses -** Liz Murphy, Operational Lead, Wexford Chronic Disease Hub
14.55-15.25 **Womens Cardiovascular Health- Speaker TBC**

15.30-16.15 INCA 30-year celebration reception and poster winner announcement

CEU's NMBI and CPD's RCSI